



Financially Fit Score Guide

DIRECTIONS: Give yourself 1 point for each “true” answer and 0 for each “false” answer. Add and enter your score here: _____

8-10 Points: You have an extremely high degree of financial security and well-being. You are very **“Financially Fit.”**

5-7 Points: You are on the right path to becoming **“Financially Fit.”** You have made some wise choices and could benefit from making additional smart money moves.

2-4 Points: You are a good candidate to take some major steps to get **“Financially Fit.”**

0-1 Point: Your financial health is in serious jeopardy. You need to immediately develop a plan and take action to get out of the economic Intensive Care Unit and into the **“Financially Fit”** Recovery Room.